



The Gryphon's Roar

October, 2011



St. Mark's Episcopal Church
 3100 Murfreesboro Pike
 Antioch, Tennessee 37013
 P.O. Box 741
 Antioch, Tennessee 37011-0741
 615-361-4100
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**“We at St. Mark’s are on a journey seeking God in you,
 ourselves, and all creation”**



Weekly Schedule

Sundays	8:00 AM	Holy Eucharist
	9:15 AM	Sunday school
	10:30 AM	Holy Eucharist
	5:00 PM	AA Meeting
2 nd Sunday	9:00 AM	Breakfast – Sept. – May
Wednesday	7:00 PM	Choir Rehearsal
Fridays	8:00 PM	AA Meeting



The Rt. Rev. John Bauerschmidt	Bishop of Tennessee
The Reverend Battle Beasley	Rector
The Reverend Felicity Peck	Deacon
Frank Brannon, M. Div.	Pastoral Care Coordinator
Ron Balcarras	Senior Warden
George Noren	Junior Warden
Charles Cross & Les Worsley	Treasurers
Kevin Curtis	Clerk of the Vestry

Next month deadline for submissions is Sunday, October 23, 2011
Gryphon submissions to: submitgryphon@aol.com

St. Mark's Vestry:

Sampson Udeh, Don McEwen, George Noren,	(2013)
David Winters, Eileen Cardwell, Ron Balcarras	(2012)
Cyndy Fahnestock, Kate Pilcher, Dawn Russ	(2011)



Father Battle's sermons are now available on the St. Mark's web site.

Dear People of God,

How do you express your thanks? I notice that in my daily living I say thank you as a kind of automatic response. Someone keeps a door open as I walk into a store and I say thank you, sometimes if the person is already past me I sort of mutter it half under my breath. Other times I'm saying thank you to a store clerk who is giving me my change or to someone who has wished me a good day. Much of the time, honestly, I'm not really thoughtful in my response, the words just come out. Conversely when I'm at home I don't always think to say thank you to my family for just the everyday things they do. As Christians we are supposed to be living literally lives of thanksgiving. Intentionally living in such a way that with words and deeds that those around us will get the message loud and clear that we are thankful. Thankful for our lives, families, friends, work, school, play, food, water, rest, humor, shelter, thankful for God's gift of His son Jesus. During this month we have our annual pledge drive asking for everyone to make a financial commitment to the church. It is a time to take stock of what we are thankful for here at St. Mark's in particular. How we would like to participate in building the Kingdom here with our fellow parishioners.

When Constantine converted the entire Roman Empire to Christianity, his armies were baptized in mass walking into rivers. As they did so they held their swords over their heads because they knew to be baptized meant to be radically changed and they didn't want their weapons to be changed! A lot of us are like that with our wallets, we try to keep them from being changed by our faith. As you consider your pledge to St. Mark's I ask you to consider how and for what you are thankful, and to consider your wallet to have been baptized! Thanks for being a part of the Kingdom here and for helping us together spread the Gospel.

Peace,

Battle +

CELEBRATE

October Birthdays

Rebecca Simpson	5
John Seufert	9
Pauline Hall	15
William Udeh	15
Eileen Cardwell	17
Uchenna Oku	17
Suzanne Lindsey	18
Bobby Jackson	19
Linda Clendenning	20
Gilbert Russ	22
Alexandrea Hittle	23
Richard Hardison	26
Sharon Rice	28
Lynn Poehl	29
Peggy Tucker	29



October Anniversaries

Jim & Beverly Hargrove – 8, 2005
Kate & Matt Pilcher – 2, 2010

Thank You Time and Talent Volunteers

Thank you to everyone who completed our Time and Talent/Rule of Life Survey. Please watch the Lay Ministers' schedule published in our newsletter, *The Gryhon's Roar*, for the scheduling of Chalice Bearers, Acolytes, Readers, Ushers, Oblation Bearers, Coffee Hosts, Nursery Workers, and Greeters. If you cannot serve when scheduled, please swap with someone else on the schedule and let Les Worsley (361-6005) or the Rector (361-4100) know the name of the person with whom you swapped. If you are unable to find someone with whom to swap, please let Les or the Rector know and they will draft someone on Sunday morning.

It is requested that Chalice Bearers and Acolytes be vested and in the Rector's office at least 10 minutes prior to the start of the service. Readers should arrive in time to review the lessons they are scheduled to read that day – about 10 to 15 minutes prior to the start of the service. Ushers and Nursery Workers should arrive at least 20 minutes prior to the start of the service.

As the need arises in the life of our congregation for other ministries, someone will contact you or announcements will be made about volunteering for the items in which you indicated an interest.

Thank you for all you do for St. Mark's.
Pat Worsley

Spiritual Formation Committee

The Spiritual Formation Liturgical Committee focuses on all aspects of Christian Education for children and adults, including space, speakers, subject matter, special and seasonal events.



The fall children and youth programs have begun – thank you teachers and thank you students. The Catechesis Atrium, God's Pals, Youth program and Adult program are ready for all new members.

The Spiritual Formation Committee is ready with an educational road map that will allow more volunteers to help with the Educational program. Please reach out to members of the Spiritual Formation Committee if you have any ideas, questions or if you would like to part of this committee.

Vestry Members: Cyndy Fahnestock, Sampson Udeh, and Eileen Cardwell
Committee Members: Elizabeth Powers, Donna Floyd, Harrison Iwueke

Congregational Life Committee

The Congregational Life Committee is responsible for the care of members and outreach to visitors. It is the goal of this committee to encourage fellowship and interaction among members and enhance our congregation's life.



Our Time and Talent form is ready and will be coming your way – thank you all for filling them out and showing us your Congregational Passion.

Update on our plans:

We'll be starting our Parish Pictorial soon - the St. Mark's Photo Campaign to build an easy-to-read photo directory.

The Daughters of the King will be hosting Prayer Time on the Second Saturday of each month – 3:00 pm – starting in October.

Calling all Men at St. Mark's! We are looking to start a chapter of the Brotherhood of St. Andrew. Look for more information coming via George Noren.

Movie night is fast approaching on the lawn of St. Mark's – October 1st – at dusk. Pop Corn – Sodas – “The Princess Bride” is our feature. Come one come all!

Please reach out to members of the Congregational Life Committee if you have any ideas, questions or if you would like to part of this committee.

Vestry Members: Don McEwen, George Noren, Ron Balcarras
Committee Members: Frank Brannon, Violet Mashingaidze and Kevin Curtis.

Parish Administration

Parish Administration encompasses three areas of interest; Building & Grounds, Communication, and Finance.

Our Parish Administration Committee has begun to review and update the signage around our church.

St. Mark's work day is coming soon – Oct. 8th – and George Noren will be looking for workers to take on duties inside and outside of the Church.

Cleaning out the shed, tiding our landscaping, cleaning inside the Church – we have host of tasks just waiting for volunteers.



Please reach out to members of the Parish Administration Committee if you have any ideas, questions or if you would like to part of this committee.

Vestry Members: David Winters, Kate Pilcher, Dawn Russ
Committee Members: John Seufert

Calendar

Oct 1 - Movie Night on the Church Lawn – at dusk. Pop Corn – Sodas – “The Princess Bride” is our feature.

Oct 2 – Pledge Campaign begins

Oct 2 – Vestry Committee Meetings – 9:15 a.m.

Oct 8 – Work Day – Parish cleaning and Special Projects

Oct 15 – Workshop with Key Alliance – Mentoring the Homeless Volunteers

Oct 16 – Bishop's Annual Visit

Oct 18 – Vestry Meeting – 6:30 p.m. – Reynolds Hall

Oct 28 – Trick or Treat in the Haunted Pasture – Cardwell Farm

Oct 30 – Pledge Campaign ends

Nov 4-6 - Happenings – for children 13 thru to Seniors

Vestry person responsible for Sunday lock up:

10/02/11 – David Winters

10/09/11 – Sampson Udeh

10/16/11 – Don McEwan

10/23/11 – Cyndy Fahnestock

10/30/11 – Kate Pilcher

11/06/11 – Ron Balcarras

Helping the Homeless

Saturday, October 15th a workshop will be held by Key Alliance to present training on how to mentor a previously homeless person. The presentation begins at 9:00 am and runs until 1:00 pm. If you are interested please speak to Fr. Battle or Ann Honig. Key Alliance is helping homeless people get off the streets and into permanent housing and is asking churches to sponsor a person for a year, spending at least 1 hour a week with him or her to help with integration back into the community.

Work Day

Saturday Oct.8 we will have a workday beginning in the morning. That afternoon at 3:00 we will have a time of walking the labyrinth for peace and healing. If you have never experienced this contemplative form of prayer I invite you to please avail yourself of this opportunity.

Peace, Battle

God's Pals – Update

We are meeting again with new lesson plans for the upcoming months. We will be incorporating Unit IV from the Primary Chalice year educational materials, which is part of the Episcopal Children's Curriculum. Thanks to the church for the purchase of new Prayer Books we now have copies of the BCP in our classroom. In addition to focusing on learning about and how to use the BCP, we will be learning about praying both in talking to God and listening to God. Also, in helping the children appreciate the diversity of all God's children, we will be incorporating materials developed by Native American Episcopalians introducing the idea of culture and respect for differences. These materials were used one time by former youth workers at St. Mark's and I have handwritten notes by (I think) Elizabeth Gregory to supplement the posters and formal curriculum. In keeping with the Native American theme (and absolutely a fantastic example of God at work), when we learned of the drive for coats, mittens, scarves, hats, gloves for children of Native Reservations the children unanimously decided to join the effort. As always following the philosophy of Rev. Linda L. Grenz, *The Episcopal Teacher*, God's Pals is devoted to giving the children a space to 'be' and looking for teachable moments helping them to make the connection between what is happening in their world and God. Quoting Rev. Grenz in a social world in which many organizations compete for time and build community "the one thing we do that no one else does is create environments in which people can encounter the Risen Christ and be transformed by Him within the context of the Episcopal Church's life and faith."

Lastly, THANK YOU FOR ALL THE VOLUNTEERS WHO HAVE SIGNED UP AS ASSISTANT TEACHERS and thank you for the books Adam, Adam and Stories from around the world.

And thank you Marcia Williams and Ginger Maxwell for the sweaty work weeding our flower bed.



Come Trick 'r Treat in the Haunted Woods

At Cardwell's Farm

October 28, 2011

Come roast a hot dog and listen to the music at 5:30

We will start Trick 'r Treating around 6:30pm

Bring a sack of treats and a flashlight

*Adults and teenagers, **please, please plan to be a "treater"***

*You may wear a costume or choose from an assortment of hats,
and clothes to dress up*

Please let us know when you arrive if you will be a "treater"

Any questions call 418-2695 or ask Clay and Eileen

Food for Thought

Holy...both the Hebrew "qadosh" and the Greek "hagios" which are translated as "holy" in the Bible, simply mean "set apart" or "separated". Money set aside in a Christmas savings account is "holy" money because it is set aside for a specific purpose. God wanted Israel to be a holy nation, set apart from all other nations on earth..."You shall be holy because I, the Lord your God, am holy," - Leviticus 11:44-45 and other places.

Jim Hall

A Thanksgiving Present from St. Mark's

Several years ago, St. Mark's collected children's coats, new and used, and sent them to Native American Heritage Association (NAHA) in Black Hawk, SD.

For 18 years, NAHA has provided food, clothing, heating assistance and other emergency items to Native Americans on the Rosebud, Pine Ridge, Lower Brule and Crow Creek Sioux Reservations.

A few facts may help explain the need:

- There are 90,000 Native Americans on the four reservations, one third of whom are children.
- Most of the children walk to school.
- Temperatures will drop to 20 and 30 degrees below zero in winter months. Snow will fall as early as September.
- The unemployment rate is 80%.
- The two poorest counties in the United States are in South Dakota: Buffalo County (Crow Creed Reservation) and Shannon County (Pine Ridge Reservation).
- Per capita income is approximately \$6,000 (US average per capita income exceeds \$40,000).
- Most homes are ramshackle with little or no insulation and half are without electricity.
- Life expectancy on the reservation is 58 years of age, about 20 years less than non-Indians.

I could go on and on with these disturbing statistics, but you know all this already!

For this outreach drive, we're adding warm socks, scarves, gloves or mittens, knit caps and warm slippers to the request for children's coats. The items need not be new, just in good condition. Karen and I will box the clothes and send them to NAHA to be distributed to the families on the reservations. (If you prefer to send cash, make checks payable to St. Mark's noted for NAHA and give them to Karen or to me.)

We'd like to send the clothes no later than mid-October. That allows over 20 days and four Sundays to collect the clothes and have them available to NAHA to provide to the families as a Thanksgiving Gift from St. Mark's.

When we asked you to join this effort the first time we thought if we got 25-30 coats the program would be a huge success: You contributed over 75!!!

Can we do it again?

Note: Native American Heritage Association (NAHA) has received its 7th consecutive 4-star rating from Charity Navigator. Only 2% of the charities rated by Charity Navigator have received at least seven consecutive 4-star evaluations. Ninety-four percent of NAHA total revenue goes toward programs i.e., only 6 % goes for administrative and fundraising costs.

Additional information about NAHA and Charity Navigator is posted on the bulletin board in Reynolds Hall.

John Seufert

What To Do with Our Cans and Bottles

We've all heard that it is important; so many things are important these days. It is an article of faith in living a good, socially conscious and caring life to make sure we recycle our aluminum cans and plastic bottles along with so many other items. We recycle everything from paper to plastic, and judging from the recycle bins at Kroger's, there are plenty of folks in Nashville who are on board with this program.

Here at St. Mark's we share the belief that recycling is part of our stewardship of God's creation. I'd be willing to bet that if we looked at our homes, we'd find that St. Markers have one of the highest rates of recycling anywhere. However, our sexton has noticed that folks who come through our building and who participate in our weekly programs may not know of our commitment to recycle as much as we possibly can (or bottle, as the case may be!).

Letting people know why we do these things is often very helpful, so here are some facts turned up from a little research of various sources. Most of the following comes from the Missouri Department of Transportation (MoDot) at the following link: <http://extra.mdc.mo.gov/nomoretrash/facts/>.

We are big drinkers of bottled water and various favorite sodas, so that's the focus of this little article. Research shows that it will take an ordinary aluminum soda can between 200 and 500 years in a landfill before it will decompose. Now of course, this has been determined through laboratory research and not from archaeological digs, since we humans have only recently developed aluminum cans; however, since the tin coated steel can has been around far longer, it has been determined from observation that one of these will deteriorate in "only" 50 years.

On the other hand, our lovely and convenient water bottles have been estimated through the same kind of laboratory research to last approximately 1,000,000 (one million) years, give or take a thousand years!! This turns out to be the case because plastic is inorganic and thus far more stable in the land fill environment. From Earth 911 here are some important factoids:

- A used aluminum can is recycled and back on the grocery shelf as a new can, in as little as 60 days. That's closed loop recycling at its finest!
- Aluminum is a durable and sustainable metal: two-thirds of the aluminum ever produced is in use today.
- Every minute of every day, an average of 113,204 aluminum cans are recycled.
- Making new aluminum cans from used cans takes **95 percent less energy** and 20 recycled cans can be made with the energy needed to produce one can using virgin ore.

Recycling our plastic drink bottles produces similar savings, making us even better at our stewardship of God's creation. Take a look at the following link for more information: <http://www.drif.umd.edu/Recycling/documents/3-Stillnotconvinced>. Meanwhile, check out the items listed here as food for thought:

- Recycling a single plastic bottle can conserve enough energy to light a 60W bulb for up to 6 hours.
- Nearly 1.8 tons of oil are saved for every ton of recycled polythene produced. (wasteonline.org.uk)
- Recycling one ton of plastic saves 7.4 cubic yards of landfill space, and recycling a single pound of PET plastic bottles (used for soda and water bottles) saves about 12,000 BTU's of heat energy.

With these things in mind, let's encourage the increased use of the big blue recycle bin in the parish hall (located beside the coffee maker table). Our sexton has agreed he will gladly empty the blue bin into our Metro Curby curbside recycling bins each month. This bin will make it much easier to recycle the bottles and cans we all find in our hands these days.

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
October						1 Movie Night on the church lawn
2 PENTECOST XVI AA Meeting 5:00 PM	3 DOK 6:30 PM	4	5 Brain Club 11:00 – 2:00 Choir 7:00 PM	6 Arwen's Renaissance Dance Class	7 AA Meeting 8:00 PM	8 WORK DAY Walk the Labyrinth after the work day
9 PENTECOST XVII 2 ND Sunday AA Meeting 5:00 PM	10	11	12 Choir 7:00 PM	13	14 AA Meeting 8:00 PM	15 Key Alliance Presentation 9:00 AM
16 PENTECOST XVIII Healing Prayers Bishop's Visit AA Meeting 5:00 PM	17	18	19 Brain Club 11:00 – 2:00 Choir 7:00 PM	20	21 AA Meeting 8:00 PM	22
23 PENTECOST XIX AA Meeting 5:00 PM	24	25	26 Choir 7:00 PM	27	28 AA Meeting 8:00 PM	29
30 PENTECOST XX AA Meeting 5:00 PM	31				2011	

OCTOBER 2011 LAY MINISTERS' SCHEDULE

Please watch for your name each month. If you are unable to serve on the assigned date, please arrange a swap with someone else listed for that month, and let Les Worsley (361-6005) know the name of the person with whom you swapped. If that isn't possible, please call Les or the Rector (361-4100) **in advance**. Nursery Workers, please call Lynn Poehl (367-1330). We want to avoid last minute substitutions. A SUGGESTION: Place this schedule on your refrigerator door and highlight your name as a reminder when it is your turn to serve.

ALTAR GUILD - Suzie Dobbs and Celia Hampson

	October 2	October 9	October 16	October 23	October 30
8:00 a.m.					
CB	D. Parsons	J. Seufert	M. Torlay	C. Burger	D. McEwen
R	D. McEwen	M. O'Reilly	D. Parsons	L. Poehl	M. Rice
A	B. Meyer	D. McEwen	S. Rice	J. Seufert	M. Torlay
U	H. Stewart	D. Parsons	S. Stewart	H. Stewart	D. Parsons
10:30 a.m.					
CB	E. Gilliam / C. Hardison	V. Mashingaidze/ S. McEwen	J. Parris / L. Worsley	D. Floyd / B. ClenDening	C. Hardison / E. Gilliam
R	B. ClenDening / D. Floyd	E. Gilliam / C. Hardison	G. Kurz / V. Mashingaidze	S. McEwen / G. Noren	L. Noren / C. Ogubie
A	L. Worsley / V. Mashingaidze	B. ClenDening / C. Udeh	G. Russ / L. Russ	L. Worsley / V. Mashingaidze	D. Floyd / C. Udeh
U	B. ClenDening / S. Udeh	M. Tantariss / P. Carr-Brannon	E. Gilliam / P. Hall	I. Kurz / S. McEwen	C. Robnett / M. Tantariss
OB	P. Hall	S. Udeh	S. McEwen	P. Worsley	P. Carr-Brannon
CH	S. Hammontree / D. Russ	S. Winters / J. Dunlap	C. Campbell / M.A. Campbell	E. Gilliam / P. Hall	H. Granger / K. Pilcher
NW	L. Poehl / K. Tantariss	L. Poehl / L. Worsley-Hynd	L. Poehl / G. Maxwell	L. Poehl / J. Parris	L. Poehl / B. Meyer
GR	P. Carr-Brannon	B. ClenDening	G. Kurz	I. Kurz	V. Mashingaidze

NOVEMBER 2011 LAY MINISTERS' SCHEDULE

ALTAR GUILD – Candy Burger and Pat Worsley

	November 6	November 13	November 20	November 27
8:00 a.m.				
CB	D. Parsons	J. Seufert	C. Burger	D. McEwen
R	C. Burger	G. Leverett	S. Lindsey	M. O'Reilly
A	D. McEwen	B. Meyer	S. Rice	J. Seufert
U	S. Stewart	H. Stewart	D. Parsons	S. Stewart
10:30 a.m.				
CB	S. McEwen / V. Mashingaidze	H. Okoe / J. Parris	L. Worsley / B. ClenDening	D. Floyd / E. Gilliam
R	J. Parris / C. Robnett	I.J. Udeh / D. Winters	E. Gilliam / D. Floyd	C. Hardison / P. Carr-Brannon
A	L. Worsley / L. Russ	B. ClenDening / C. Udeh	G. Russ / V. Mashingaidze	L. Worsley / L. Russ
U	S. Udeh / P. Carr-Brannon	E. Gilliam / P. Hall	I. Kurz / S. McEwen	V. Mashingaidze / C. Robnett
OB	B. ClenDening	D. Floyd	E. Gilliam	P. Hall
CH	P. Hall / S. Hammontree	V. Mashingaidze / D. Russ	C. Campbell / M.A. Campbell	S. Winters / P. Carr-Brannon
NW	L. Poehl / L. Worsley-Hynd	L. Poehl / K. Tantariss	L. Poehl / G. Maxwell	L. Poehl / J. Parris
GR	S. Udeh	P. Carr-Brannon	G. Kurz	B. ClenDening

KEY:

CB: Chalice Bearer. First name reads the Prayers of the People. Second name leads the Psalm.

R: Reader **U:** Usher

A: Acolytes. First name is the Server and the second name is the Crucifer.

OB: Oblation Bearer. Takes Bread and Wine to the Altar during the Offertory.

CH: Coffee Host. Makes coffee, provides refreshments for coffee hour, and tidies the kitchen after coffee hour.

NW: Nursery Workers **GR:** Welcoming Team Greeters



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Address Correction Requested